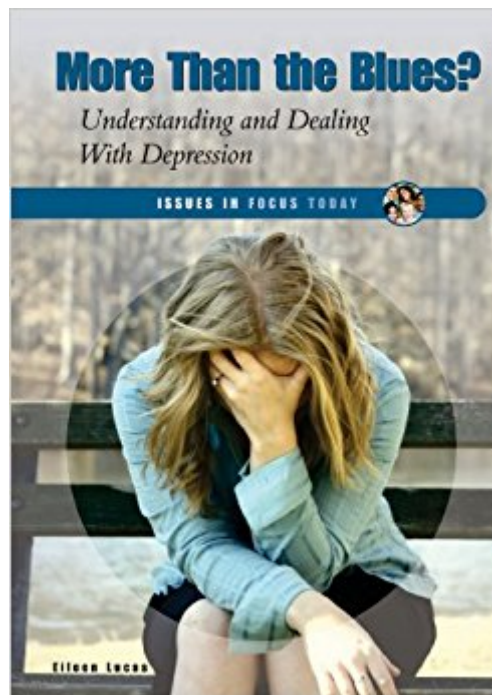




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More Than The Blues?: Understanding And Dealing With Depression (Issues In Focus Today)



Synopsis

Depression is believed to be the most common mental health disorder, estimated to affect about 20 percent of the population. Yet the causes and treatments are often misunderstood. Eileen Lucas describes the symptoms and causes of the disorder, and she explores the types of treatment that offer hope for it. The issue is discussed from both personal and societal perspectives.

Book Information

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